



**2019 Harvard Milk Days
41st Annual Harvard Milk Run
10-K run; 5K run; 5K Fun Walk
Saturday, June 1st, 2019**



2019 Theme- "Harvard Milk Days helping make family traditions for 78 years"
WWW.MILKDAY.COM

Check in day of registration & awards at Milky Way Park
Race Day Registration begins at 6:45 am Race day. Registration closes at 7:45 am
Mailed entries must be postmarked by May 15, 2019
Pre-registration ends May 27th. Shirts are only guaranteed for those who preregister by May 27th.

Races begin at 8:00 am

Race Course travels through city streets and part of parade route, course surface is asphalt & some hills.
Awards to male & female overall winners and individual age groups first through third place.
Awards presented at the end of the competitions only. There will be no awards for the 5K Fun Walk.

Age Groups

5K Run: 13 & under; 14-18; 19-24; 25-32; 33-45; 46-55; 56-65; 66-74; 75+
10K: 13& under; 14-18; 19-24; 25-32; 33-45; 46-55; 56-64; 65+

ENTRY FEE: Pre-registration 13 & under \$20 14-64 \$25 65+ \$20
Day of race 13 & under \$30 14-64 \$35 65+ \$30

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____
Email: _____

Register at: **ITSRACETIME.COM**
or
mail to: Harvard Milk Days TM, Inc
PO Box 325
Harvard, IL 60033
Phone: 815-943-4614

Cash or check only on race day be
prepared to show ID

Race: 5K 10K 5K Fun Walk Male Female Age _____ as of June 1st

Performance Tee	YOUTH	L	XL					
Please Circle Size	WOMEN	XS	S	M	L	XL	2XL	3XL
Extra T-Shirt \$15	MEN	S	M	L	XL	2XL	3XL	

In consideration of my entry being accepted for the above race, I intend to be legally bound, do hereby for myself, my heirs, executors, and assigns, waive, release and discharge for all rights, claims and damages that I may hereafter accrue against Harvard Milk Days TM, Inc. it's chair persons, sponsors and volunteers associated with this race. I attest that I am physically fit and able to compete in a race of this length, knowing full well the consequences of heat and humidity this time of year and its effect on running. All purchase and sales are 100% final, no exceptions. Refunds will not be issued based on weather conditions.

X _____ Date: _____
Signature of Participant or Parent or Guardian if Participant is under 18 years of age.

REGISTER AT: WWW.ITSRACETIME.COM